

PHARMACY GUIDELINE – 25

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UNIVERSITY PHYSICIANS HEALTH PLANS

(Maricopa Health Plan)

PHARMACY REFERRAL GUIDELINE

TOBACCO CESSATION

- Member must be at least 18 years of age
- Enrollment in the Arizona Smokers' Helpline (ASHline) (800)556-6222 is encouraged
- Medications will be provided on formulary for a total of 12 consecutive weeks during a six month time period.
- Medications for tobacco cessation on the formulary include:
 - Nicotine patches
 - Nicotine gum
 - Nicotine lozenges
 - Nicotine spray
 - Bupropion SR
 - Chantix
 - Member can only receive one product at a time.

Approved by the Pharmacy and Therapeutics Committees 9/08