

Childhood Obesity

Referrals and Treatment

When a child under the age of 21 has a BMI over the 75th percentile they qualify for childhood obesity-related services. These referrals for services below are documented on the EPSDT form. They can include lab work, nutritional and lifestyle counseling done by the PCP and referrals to a nutritionist, physiologist and/or behavioral health. Maricopa Health Plan asks your office to use the following codes when billing for these services:

Diagnosis Codes

V85.52 BMI, pediatric, 5th percentile to < 85th percentile for age
V85.53 BMI, pediatric, 85th percentile to <95th percentile for age
V85.54 BMI, pediatric, > or = 95th percentile for age
V65.3 Dietary surveillance and counseling
V77.8 Special screening for endocrine, nutritional, metabolic, and immunity disorders (obesity)

CPT Codes

99078 Physician education services rendered to patients in a group setting (e.g. prenatal, obesity, or diabetic instructions)
99401 Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual 15 min.
99402 approximately 30 min
99403 approximately 45 min
99404 approximately 60 min

HCPC Codes

Included are the codes noted previously as they are “non-physician provider” classes
S9470 Nutritional counseling, dietitian visit
S9451 Exercise classes, non-physician provider
S0315 Disease mgmt program; initial assessment & initiation of program
S0316 Disease mgmt program, f/u; reassessment

Always remember to reference any handout materials or education you provide these members on the EPSDT form.

It is our goal to increase the referrals for childhood obesity related services, recruit providers in the network to provide these services, and reduce the high incidence of childhood obesity as reported on the EPSDT forms.