



TO: All MHP Providers NO: 07_09 DATE: 6/8/07
 SUBJECT: Integrated Behavioral Health Care and Other Behavioral Health Updates

Please ensure that this information is communicated with the Pre-Visit Coordinators, Pre-certification staff, Nurses Managers, Clinic Managers and any other appropriate front office personnel.

Integrated behavioral health (IBH) is the co-location of behavioral health services within a primary care environment. AHCCCS has made a set of CPT codes available to bill for health and behavioral assessments and interventions that can be used in IBH programs.

Health and behavioral assessment procedures (billable through CPT codes) can be used to identify and treat the psychological, behavioral, emotional, cognitive, and social factors important to the prevention, treatment and management of physical health problems. The focus of assessment and treatment is not on mental health, but on the stresses, expectations, lifestyle and perceptions that are associated with the underlying medical condition.

Maricopa Health Plan covers medically necessary health and behavioral assessment procedures that are short-term interventions focused on physical health problems. The medical condition must be the primary basis for the intervention.

The following providers are AHCCCS approved to bill for these services:

- Psychologists
- Licensed clinical social workers
- Licensed marriage and family therapists
- Licensed professional counselors
- Psychiatric nurse practitioners

The provider must have an AHCCCS Identification number. Information and registration materials may be obtained by calling the AHCCCS Provider Registration Unit at (602) 417-7670, Option 5 or 1-800-794-6862. When a provider's application is approved, an AHCCCS ID number (PIN) is assigned and the provider is notified by letter.

The services can be provided within the following AHCCCS approved service settings:

- Federally Qualified Health Clinic (FQHC)
- Rural Health Clinics (RHC)
- Provider's outpatient clinic / office
- The member's home
- Indian Health Service (IHS) Freestanding Facility
- Other Indian Health Service or Tribal Facilities

Limitations:

- Services are limited to 48 units annually (unit equal to 15 minutes)
- Services are limited to the providers and settings listed above

To learn more about the Health and Behavior Assessment / intervention codes, please contact the Maricopa Health Plan Behavioral Health Coordinator at (520) 874-5214 or 1-800-582-8686.

The Behavioral Health Coordinator will answer your questions over the telephone and mail you a packet of information or visit your office to provide the information, per your preference.

Not sure what to do with a patient who seems to need a behavioral health referral?

CALL THE BEHAVIORAL HEALTH COORDINATOR FOR ASSISTANCE!

DIRECT LINE: (520) 874-5214
MEMBER SERVICES: 1-800-582-8686, ask for “Shawnee, the Behavioral Health Coordinator.”

Treating Depression with Samples

If you use samples to treat your patient's depression or anxiety, please be aware:

- Maricopa Health Plan (MHP) will not cover non-formulary psychotropic medication started as samples unless formulary medications have been tried and failed first**
- MHP covers the following anti-depressants with prior authorization:
 - Fluoxetine
 - Bupropion
 - Bupropion-SR
 - Sertraline
 - Citalopram
 - Paroxetine
- If your patient is referred to the Regional Behavioral Health Authority (RBHA), **the RBHA may not cover non-formulary medication started as samples (In Maricopa county the RBHA is ValueOptions).**
- To check ValueOptions formulary**, go to www.valueoptions.com, click on *For Providers, Pharmacy*, and *Medication Information* to access the formulary.
- Please consider starting your patient on a formulary generic anti-depressant unless there are specific contraindications to SSRI's for a particular patient

Behavioral Health Coordinators can potentially help with anything related to behavioral health.

AHCCCS Health Plan Behavioral Health Coordinators

APIPA, Jay Marcus-Ledford	(602) 664-5384	Jacqueline_a_marcusledfor@uhc.com
Care 1 st Arizona, Donna Smith	(602) 778-1834	dsmith@care1st.com
DES/CMDP, Annette Sims	(602) 351-2245 x7009	Asims@azdes.gov
Health Choice, Heidi Eccelston	(800) 322-8670 x4423	heccelston@iasishealthcare.com
Maricopa Health Plan, Shawnee Inez	(520) 874-5214	sinez@uph.org
Mercy Care Plan, Danny Guckenburg	(602) 798-2690	Danny.Guckenburg@schalleranderson.com

